

Evening Open Meeting

Programme –Tuesday 30th June 2009

Time	Event	Age
6.35	70m Hurdles	U11B&G/U13G
	Shot	U11B&G/U13B&G
	Long Jump	U11B&G/U13B&G
6.45	600m	U11B&G
	1500m	U13B&G
7.00	75m Hurdles	U13B/U15G
	High Jump	U11B&G/U13B&G
7.10	75m	U11B&G
	80m Hurdles	U17W/U15B
7.20	100m	U13 & Above
	Long Jump	U15 & Above
	Hammer	U13 & Above
7.45	200m	U13 & Above
8.00	800m (BMC)	U13 & Above (Graded)
	High Jump	U15 & Above
	Shot	U15 & Above

Note

BMC race – Entry in advance only - www.britishmilersclub.com/enteronline

or contact John Knowles 01872 263541, john.knowles1500@o2.co.uk

Open Event U11 and U13 events will take place in age groups. Ages as at 31st August
 3 events maximum. No U13 to do 800m **and** 1500m.

Track events will be graded where possible

Registration on night:U11&13 between 6.00 - 6.20pm. Others 6.30 – 7.15pm.

80m Hurdlers to notify registration they wish to compete in this event or it will not run

Entry fee £4.00

www.exeterharriers.co.uk